

Topic, Unit, Theme or Process Taught	Maine LEARNING RESULT Links (Standard and PI)	Strategies/Skills/Concepts/Secure Goals By the end of this grade level or course, learners will be able to:	Resources (Complete bibliographic form for required texts or resources and lists of supplementary resources)	Assessments and Major Assignments (Tests, quizzes, projects, papers, homework, labs, etc.)
Cardiovascular and Respiratory Systems	A1-6 B2 C1-6 D1-4 F2-5	<ol style="list-style-type: none"> 1. Explain the function of the cardio respiratory system 2. Recognize the impact of exercise and activity on wellness. 3. Consider factors important for stress reduction 4. Describe the relationship between human wellness and the environment 5. Analyze the correlation between <u>lifestyle</u> and wellness or disease, disorder and injury 6. Consider environmental influences (pollution, smoking) on health 	<p>“Working Heart Rate” worksheets</p> <p>“Activity Diary” sheet</p> <p>Physical Education</p> <p>Teacher Knowledge 4</p> <p>Learning Charts</p> <ul style="list-style-type: none"> • 2 on cardio/respiratory • 1 on Asthma • 1 on smoking effects <p>“Active Health” sessions in classroom and outdoors</p>	<p>S.S.J. Health notebook</p> <p>Activity Diary/Goals Sheet</p> <p>Recording sessions in Health notebook inside seven station outside continued moving</p>
Preventing and Control of Diseases	A1,3,6,8 B1-2 C1-6 D1-2,4 E1-4 F1-5	<ol style="list-style-type: none"> 1. Explain the function of the Immune System 2. Distinguish between communicable and non-communicable diseases 3. Recognize different means of transmission 4. Consider preventions of transmissions of preventable contraction of various diseases 	<p>HIV & STD Teacher/Student Resources</p> <p>Comprehensive Health for the Middle Grades</p> <p>Jory Post, MA, and Carole McPherson, MA</p> <p>ETR Associates Santa Cruz, California 1996</p>	<p>CH. quiz</p> <p>Discussion and SSJ on all videos, quest presentations and current health articles</p>

		<p>5. Analyze how health related decisions are influenced by peers, family and cultural media.</p>	<p>Videos: <u>Self-Esteem</u>, <u>Puberty</u>, <u>AIDS</u> from The Schlessner Team Health Video Series in cooperation with The Children's Hospital of Philadelphia, University of Pennsylvania Medical Center, Temple University School of Medicine and <u>In Our Own Words</u> Teens and AIDS, 1995 Media Works, Inc.</p> <p>Various current Health magazines (Vol. 24 No. 3 Nov. 2000) etc. by Weekly Reader Corporation 3061 Cindel Drive Delran, NJ 08075 1-800-446-3355 8:30-6:00 ET</p>	
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